

QUARANTINE BINGO

1 Take a picture of each quarantine activity you complete

2 Comment with your 5 pictures when you've completed a BINGO

3 The first 20 people to complete a BINGO win a C21® water bottle. Everyone who completes a BINGO will be entered into the grand prize drawing.

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Pick up a new hobby

Give a shout-out to someone in the medical field

Cook a recipe you've never tried before

Talk a walk/run outdoors

Wash your hands

Bond with your pets

Watch a new TV show

Make a TikTok

Make an indoor obstacle course

Support a local business

Sanitize your home

Take a shower and get dressed

FREE SPACE

Play hide and seek

Build a fort

Take a nap

Listen to a podcast or audiobook

Complete a house project

FaceTime with your family

Play a board game

Shop online

Take 30 minutes for "you time"

Spring clean your home

Virtually check-in on your neighbors

Read a book